

**A GREAT
REHEARSAL
FOR *REAL LIFE***

**ROCK
STEADY™**



CONTACT US ON:

Tel: 0330 113 0401

schools@rocksteadymusicschool.com



INTRODUCING ROCKSTEADY

Empower your pupils with
a musical education your whole
school will love



ROCKSTEADY IS EXCITING!

We deliver an exciting peripatetic music service that enables any child to learn an instrument in their very own rock band, with no prior experience necessary. Children will have the opportunity to choose their part in the band by becoming a drummer, guitarist, keyboard player or vocalist. As well as learning about their own instrument, they'll gain an understanding of how each instrument contributes to the whole ensemble.

ROCKSTEADY IS A PROVEN AND TRUSTED RESOURCE!

We're currently teaching thousands of children every week in hundreds of infant, junior and primary schools. Rocksteady is built on a foundation of credible, inspirational and supportive Band Leaders, and we're very picky about who we choose. Each one is a highly experienced musician with the ability to generate an excellent rapport with pupils, teachers and parents. They are employed by us on a full-time, permanent basis, and undergo extensive training prior to starting. All our Band Leaders are skilled on multiple instruments including drums, guitars, keyboards and vocals.

ROCKSTEADY ENCOURAGES PROGRESSION FOR ANY CHILD!

Our method is highly inclusive and suitable for any child aged between 4 and 11 years old. Within minutes, children are able to play at their own level in a band made up of their peers. The method creates a positive and supportive learning environment, typically resulting in a significant increase to a child's confidence and enjoyment of school, and even improved academic results. Furthermore, children learn valuable life lessons in listening, working in a group and overcoming challenges, as well as significant areas of the Key Stage 1 and 2 music curriculum.

IT'S HASSLE FREE AND PROVIDED AT NO COST TO SCHOOLS!

A dedicated, experienced and DBS certified Band Leader comes to your school each week, equipped with all the instruments required, and runs 30 minute band lessons with groups of up to 9 children. Parents who sign their children up to Rocksteady pay a fixed monthly, no commitment subscription. Rocksteady even deal with all the admin, timetables and parent communication, leaving you free to focus on other things.



LIVE MUSIC ASSEMBLY

The Rocksteady experience
starts with a free, no
obligation assembly



EXPERIENCE ROCKSTEADY

Start with a free live music assembly, which is an exciting opportunity for the whole school to experience the instruments they see their favourite artists using, played live by a real musician with real experience performing in a band. It's an inspiring, educational experience that's fun for both children and staff.

See your pupil's faces light up as they explore the different sounds and techniques used on the instruments, and watch them decide which part they'd like to play in their own rock band. Listen as they tell you where they see themselves - holding the whole band together with a pounding beat, strumming the chords of their favourite song, or captivating audiences singing their heart out centre-stage.

During the assembly, teachers have an opportunity to witness the Rocksteady method, and see for themselves how adept our staff are at managing a hall full of children. Afterwards, it's your chance to meet with a representative to find out how Rocksteady can fit into your school, and help you provide new opportunities for your pupils.

MAKING ROCKSTEADY A REGULAR SCHOOL RESOURCE

If you choose to welcome Rocksteady to your school on a regular basis, we'll run an entire day of rock band workshops. Each workshop is a half-hour session pitched appropriately for each year group. This is an opportunity for pupils to get hands on with the instruments, building their own rock band from scratch and finishing with a mini concert.

Each session is fully interactive, and our inclusive method ensures everyone leaves the workshop feeling inspired to learn.

Following the workshops, we provide letters for children to take home to their parents and guardians with information about how to sign their child up for Rocksteady lessons.

WEEKLY SESSIONS

Making music the highlight of the school week



THEY ENCOURAGE OWNERSHIP

Weekly sessions encourage ownership by giving each group the task of naming their own band, and with the likes of Tyrannosaurus iPad and The Jedi Dragons, we've heard it all! The children are also given a choice of which song they'd like to learn. We've got a huge variety of contemporary and classic pop and rock songs with something to suit everyone, whether it's Taylor Swift and One Direction, or Metallica!

THEY MAKE MUSIC ACCESSIBLE TO ALL

The lessons are designed to be highly accessible, regardless of a child's experience. They'll be jamming to their favourite songs rather than sight-reading and practicing scales, and we've replaced graded exams with live concerts.

By removing the barriers associated with traditional learning, music becomes accessible to more of your school, and more fulfilling at the same time. Rocksteady lessons are also a safe place to learn, try, fail and succeed, building confidence and resilience along the way.

THEY BUILD CONFIDENCE

By working towards a termly concert, children who play in a band are given the opportunity to stand before their peers and show them something that they are proud of.

THEY HELP CHILDREN BUILD RELATIONSHIPS

When children join a band they become part of a team. Children work together towards a common goal, depend on one another and build trust.

THEY AID ACADEMIC PROGRESS

In 2014 we wanted to monitor the effects Rocksteady had on children's academic progress, outside of lessons. Working closely with headteachers of schools in the South of England, we compared the progress of Rocksteady students in the areas of reading, writing and maths against the school average.

The results showed that pupils who have Rocksteady lessons, even those that take place during English and Maths lessons, progressed on average 7-17% more over the same period of time.



THEY HELP CHILDREN EXPRESS THEMSELVES AND LISTEN TO OTHERS

By giving each child the appropriate space to express themselves and guiding them through making decisions as a group, Rocksteady lessons not only help children find their voice, but also teach them to appreciate others.

THEY MAKE CHILDREN HAPPY

Fun is at the heart of learning music the Rocksteady way, and giving children a chance to take part in something they love increases their happiness and overall well-being.

WE THINK EVERY TERM SHOULD END WITH A BANG!

Music is about more than simply practicing an instrument; it's about sharing what you've learned with an adoring audience. Our bands work incredibly hard on their chosen songs to ensure they wow their friends and family at each end of term Rocksteady concert.

We want to give children the opportunity to really share their achievements and the hard work they have put in, so we invite their parents and all the pupils to a concert, an event the whole school can take part in.

This is the time you can really see the effect of the lessons, you will witness how their confidence has grown and how it continues to grow through their performance. The support from their band-mates onstage and a hall full of parents, teachers and peers encouraging them to succeed can be a life changing event for young children. This is also a chance for the parents to actively see what their children have been learning and take pride in their effort and achievement.



CONCERTS

A chance to shine.

BUILT AROUND SCHOOLS



Rocksteady is a peripatetic service which is paid for by supportive parents, making it completely free to your school



HOW IS ROCKSTEADY FUNDED?

Each parent pays a fixed monthly subscription for 11 months of the year. We commit to providing a minimum of 33 lessons over a whole academic year.

Parents do not have to sign up for a whole term or year, they are able to stop lessons whenever they wish, without giving a notice period, simply by calling our office. Our money back guarantee gives pupils who aren't sure if being in a band is for them a chance to experience Rocksteady. If in the first month, they decide it's not for them their parents are eligible for a full refund.

HOW WOULD ROCKSTEADY FIT IN MY SCHOOL TIMETABLE?

A Rocksteady Band Leader will come to your school on a weekly basis to deliver the lessons and guide the children as they learn new songs and prepare for the end of term concert. We would either come in for a morning, afternoon or a whole day depending on demand at your school. You have the choice of any school day depending on Rocksteady's availability and we will discuss with you how to make the timetable bespoke for your pupils.

This timetable will be made available to all your staff so teachers are aware when their children will be having their lessons. Your Band Leader is responsible for collecting the children from each class meaning your teachers can concentrate solely on their lessons.

ROCKSTEADY IS A HASSLE FREE OPTION FOR SCHOOLS

We deal with all admin, payments and parent queries making sure there is minimum impact to your school office. We also provide all the equipment needed and bring it with us each week so no need for you to splash out on instruments or free up valuable storage space.

We currently teach thousands of children in hundreds of schools across the UK. Our Band Leaders are all passionate musicians with extensive experience of playing in bands, gained from going out and doing it themselves.

ROCKSTEADY TEAM



MEET TOM

He's a Band Leader who loves his job and gets a great deal of fulfillment helping children enjoy music, and showing each and every one of them what they can achieve.

INSPIRING ROLE MODELS

Our Band Leaders pride themselves on being active musicians, regularly playing gigs and shows during evenings and at weekends. This keeps their passion for music at the forefront of their minds, a passion they bring to every lesson and pass on to your pupils.

We encourage our Band Leaders to become inspiring role models and create a positive learning environment for children to flourish in. Our Band Leaders excel at not only getting a band sounding fantastic, but getting children to look and feel like real musicians too.

WHY I AM A PART OF ROCKSTEADY

Every day I get to show kids that they CAN play music, no matter if they've never even seen an instrument before. It's incredibly satisfying to inspire kids with music and finish the day knowing that I've affected their lives in a positive way – music is a powerful thing.

HOW MUSIC HAS AFFECTED MY LIFE

To me music, is about connecting and inspiring. When you're playing a gig or jamming with people, it's that moment of connection, especially when someone does something cool that gives everyone that tingle on the back of their neck.

MY FAVOURITE ROCKSTEADY MOMENT

At one of my last concerts, one of the guitarists spontaneously erupted into clapping halfway through the performance. He was getting the audience clapping along, then just played it cool and continued to rock out; I was seriously so impressed in his showmanship, and it felt great to have a hand in that!

TESTIMONIALS

Don't take our word for it!
Here's what some of our fans think.

HERE'S WHAT SCHOOLS THINK OF OUR ASSEMBLY AND WORKSHOP DAYS

"I can honestly say the children have never before filled the hall with so much energy and passion. It was even more special because for most of our children it was their first experience of live music."

Mei Lim, Head, Weyfields Primary Academy

"The day was fabulous and the staff and children thought it was wonderful - so thank you very much for the inspiring WOW that the day brought. I have had several parents come to me saying how inspired their children were - one mum said that her son went home and literally did not stop playing his guitar all night! I can't say enough how inspirational and enthralling the whole day was - amazing!"

Monica Paines - Head at Long Ditton Infant School

"Wow, what an exciting day we had on Thursday! Matt was amazing; where does he get his energy from? His enthusiasm infected us all. He was totally adaptable to all the little changes that we had to make during the day, and to include the nursery children was greatly appreciated. The children just loved the whole day, as did the staff."

Judy Burnett - Alexandra Infant School

"The enthusiasm and ability to engage the students was inspiring! Everyone had a wonderful time - Both teachers and students! I have heard positive feedback all afternoon!"

Alaina Bettridge, Teacher, Hillcross Primary School

WHAT TEACHERS AND PARENTS THINK OF ROCKSTEADY AS A WHOLE

"Parents (and staff) were impressed with what they heard and saw and it is clear that all children have progressed throughout the sessions both in confidence and musical ability."

Dianne Carbon, Head, St John Fisher Primary School

"I just wanted to say a HUGE thank you for today! The atmosphere in the hall for both concerts was absolutely incredible. I had very positive comments from both parents and staff. It was brilliant to see the kids performing with such confidence."

Sophie Bartlett, Teacher, Rivermead Primary School

"Children that wouldn't normally perform in front of adults, let alone the whole school, are now singing, playing guitar and drums it's amazing what's it's done for their confidence."

Sharon Cornish - Proud Parent

"I only have positive things to say about the weekly sessions, Summer camp and the great team you have! "

Paula Hanley - Proud Parent

"Wow wow wow...how fabulously fantastic and brilliantly set up...I am so impressed."

Caroliena Cameron, Proud Parent

"Rocksteady has been as much of a boost and help to Lewis as his regular appointments with an Occupational Therapist and a Dyslexia Tutor, in a different, but complimentary way."

Gemma Gibbard, Proud Parent

"Cannot thank you enough for the incredible job you have done making Pierre feel included and equal and also boosting a very nervous little boys confidence."

Andrea Ashley, Proud Parent.